



Reading: Colors and Feelings

Read aloud one of the books from the Reading List, such as:

- **The Rainbow Book** By Kate Ohrt
- **My Many-Colored Days** By Dr. Seuss
- **My Blue Is Happy** by Jessica Young

Copy and distribute the following for students to consider their own 'color of the day.'

What color are you feeling today?

Draw how you are feeling.

Then add things around you that are the same color you feel today!

